

Underpinning excellence

Presenter name

Time and date

Location

04

Reviewing a care plan

Aims

- To consider how to review a care plan
- To explore areas for improvement in a care plan

What would we include in a person-centred care plan (PCP)?

- values
- wishes
- favourite and least-liked foods
- favourite and disliked drinks
- preference for shower/bath
- preferred time of personal care
- preferred order of personal care
- dessert choices
- activities
- social groups
- events/occasions
- religion
- family/friends
- fun
- TV



SWAN

Strengths – What was really good about the care plan? Are there areas that you really liked? Consider areas of excellent practice.

Weaknesses – What was not so good about the care plan? Are there any areas that were not clear? If you followed this care plan would you know exactly what the person needs?

Areas to improve – How could the care plan be improved? Or, how could future care plans be improved? Remember, at this point, you may not be able to ask the service user any questions.

Next steps - What could be edited to make the care plan better? Be specific. Your next step is to write a report on what you could improve. Have you got enough information?

How does a PCP promote and uphold rights?



Care plan: example A

Lisa needs help to get dressed in the morning.
Her carers need to ensure she is dressed for
breakfast.

Care plan: example B

Lisa wakes up and uses her call button to alert staff that she is ready to get up. Staff need to ensure they are working 2:1 when hoisting Lisa (2 staff to 1 patient). Lisa likes to be kept informed so staff need to ensure they communicate each element of the movement. Lisa enjoys pressing the hoist button herself so staff may need to remind her that the protocol does not allow this. Lisa is then supported to use the toilet. She prefers staff to wait outside while she uses the facilities and will call them if she requires assistance with wiping herself. Lisa can manage better on some mornings than others, so may require different levels of assistance. Lisa is next helped onto the shower chair, using the hoist. Again, 2:1 staffing for this move. Lisa likes to have a towel on the chair as it is cold when she first sits down. Staff need to help Lisa check the shower temperature is to her liking, which she will test by putting her hand under the water. Lisa prefers her hair to be washed first. She needs a little help with applying the shampoo and conditioner but likes to do the rest herself. She also needs a little assistance washing her back but can do the rest herself. Lisa prefers staff to stay in the room as she feels safer but she likes them to turn away, so they are not watching her. Once finished, Lisa will alert the staff to pass her the towels. Lisa can dry most of her body unaided but requires help with her back, hair and feet. Staff need to ensure her feet are dry as there have been previous concerns about this and Lisa is worried about it. Staff may need to reassure her. Staff then hoist Lisa back into bed and help her to choose her clothes. After Lisa is dressed, the staff need to pass the toothbrush and toothpaste to her and she will brush her teeth herself.

Task one

- Read the two care-plan examples.
- Using the SWAN technique, provide feedback on each care plan.
- Ensure that you give positive, productive feedback.

Task two

In groups of four:

- Share your care plan from last week.
- Discuss your care plans in detail and complete the feedback forms.
- Collect your own feedback and revisit your care plan. Please use a different colour pen to make any additions/amendments to the text.

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